

**"You
needed
something
better...
and this
is it!"**



**My interactive
Video Trainer
puts me in
your home to
motivate you ...
One-On-One**



**Tony Little
One-On-One
Motorized Video
Treadmill**

We'll actually work out together on my new One-On-One Video Trainer Treadmill

I'll adjust the speed and pace of your treadmill with state-of-the-art
Video Tracker Interactive Technology

WHAT ARE YOU GOING TO DO?

It's Monday morning. You got to bed late, you need to be at work or school or wherever in an hour and you're 5 - 10 - 20 - 30 pounds overweight ... and hate it.

You can get up and exercise like you've been meaning to for a long time or ... *WHACK!* ... hit the snooze button, roll over and try again tomorrow.

NO! Let's change that!

Let's go for a run. Let's go for a walk. Let's do it together, and let me help you lose weight and keep it off. Let me help you look *forward* to Monday



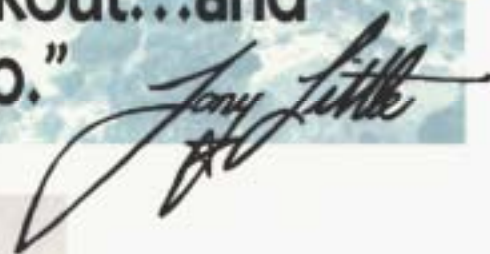
I'll be on my Treadmill leading your workout

and getting out of bed. Let me make you look forward to exercise and let's do it on my new *One-On-One Video Trainer Treadmill* ... the most advanced interactive home fitness machine there is.

And how about a training partner?



"My One-On-One Video Trainer Treadmill gives you a great total body workout...and I'll be with you every step."




Adjustable, VCR compatible console

Motivational display shows speed, time, distance and calories burned

Upper body motion for total body workout

Power cords give you an upper body workout

Heavy-duty steel construction

SafeKey and SafeStart

Scuff-proof, powder-coated enamel finish

TrakGuide system keeps belt in place

2.0 HP DC motor with 8.0 mph speed

Large 15" x 22" running deck

Ten Year Limited Warranty

MY PERSONAL GUARANTEE.

I pledge complete satisfaction with my *One-On-One Video Trainer Treadmill*. Try my *Treadmill* in your home. Then if within 30 days, you don't look and feel better, I will either replace it or refund the purchase price.



Three Personal Trainer Videos: Fat Burn, Aerobic Conditioning and Crosstraining

Low Monthly Payments

I want to make it easy for anyone to work out with me One-On-One on my *Video Trainer Treadmill*. And with low monthly payments ... it's totally affordable. The results you'll get will be well worth the small amount you pay, and it will be one of the best investments you'll ever make. I promise.

For Sudden Service Delivery
Call TOLL FREE
1-800-340-4481



Advanced Interactive Override controls speed automatically.
4-window motivational display shows speed, time, distance and calories burned.

Or better yet, a Personal Trainer? No more boring jogs or losing motivation due to bad weather or lack of motivation ... and no more excuses!

As America's Personal Trainer I want to actually work with you *One-On-One*.

AND NOW I CAN!

That's why I'm so excited about my new *One-On-One Video Treadmill*. I can — using new Video Tracker technology and override controls control your *Video Treadmill* and give you a good, fat burning cardiovascular workout.



Includes 3 one-on-one videos:
Choose from Aerobic Conditioning,
Fat Burn or Performance

HERE'S HOW IT WORKS

Just connect the *Video Trainer* console to your VCR. Then, depending on your own fitness level, choose from beginner, intermediate or advanced on your console.

Then just pop in one of the three videos — Fat Burn, Aerobic Conditioning or Performance — that come with your Treadmill. Now you're ready to go, and so am I ... right on your screen on my *Treadmill*.

I'LL ACTUALLY CONTROL THE WORKOUT

When I adjust my treadmill on screen, yours will adjust, too ... automatically. If I speed up, you'll speed up. If I slow down, you'll slow down ... automatically. It's incredible.

And as great as the cutting-edge technology and electronics are, what's *even better* (and much more important) is what will happen to *YOU*.

You'll get an awesome fat burning aerobic workout. You'll build, tone and shape all the major muscle groups. You'll increase your metabolism and stamina. You'll have more energy, need less sleep and reduce back problems.

And soon you won't even *think* of missing a workout. Because you'll look and feel so incredibly good.

UNSURPASSED QUALITY

You'll love working out on my dual action *Video Trainer Treadmill*. The power cords allow you to work your upper body for a total body workout. This will increase your lean muscle mass and burn *even more* fat.

And, the large 2.0 HP motor can reach speeds up to 8 mph for an intense

fast paced run. Plus, the large 675 sq. inch running surface gives you plenty of room to run in full, open stride.

It also has *SAFEKEY™* emergency stop action to shut down instantly and *SAFESTART™* to keep the belt motionless until you're ready to go. A *TrakGuide* System keeps the belt in position and prevents uneven wear.

And in addition to the interactive electronics, the 4-window display will show your speed, distance, time, and calories burned. And my *Video Trainer Treadmill* — constructed of heavy-duty steel with a scuff-proof, powder-coated enamel — will last a lifetime.

You'll get instruction, motivation, and inspiration as you work for perfect health and well being. And it's easier with a personal trainer ... and someone who cares about seeing positive results. That's what you'll get from me and my *One-On-One Video Trainer Treadmill*.

Plus, you can call my Toll Free Fitness line any time, for advice and motivation.

WHY NOT ORDER TODAY?

Working out on my *One-On-One Video Trainer Treadmill* will help you burn fat, tone up ... and stay that way ... and I'll be there *every step of the way* to keep you motivated and help you become the healthier, happier and trimmer person you want to be.

To have my *Video Trainer* rushed to you, just call TOLL FREE 1-800-340-4481, or return the enclosed Rush Order Form to Tony Little, P.O. Box 313, Logan, Utah 84323

Order now ... and let's get started. We're going to have a *great time* together!



For Sudden Service Delivery
Call TOLL FREE
1-800-340-4481

"Here's the information
I promised you!"



BULK RATE
U S POSTAGE
PAID
TONY LITTLE

**Burn fat
with America's
Personal Trainer
...on the
most advanced
interactive fitness
machine available.**

ONE ON ONE TRAINER

ICON HEALTH & FITNESS

P.O. Box 313 • Logan, Utah 84323



“My new interactive
Video Trainer
is the next best thing
to training with me
in person.”

Jenny Little