

Natural Health Discoveries • Special Issue • \$6.95

FREE SHIPPING  
on all orders!

University of Michigan, Tufts University, Louisiana State University, American Society of Nutrition, Journal of Neuroscience, University of Pennsylvania Medical Center, Boston University, Human Nutrition Research Center and Oregon University studies and reports prove it.

# New Natural Pain Reliever is So Strong and Effective...

## People Ask “Is This Legal or Addictive?”

**T**his revolutionary breakthrough in natural health is **guaranteed** to alleviate your health problems and give you a “second youth”.

You can prove it to yourself ABSOLUTELY FREE of any risk. Dr. Joseph Mercola says *“it gets my highest recommendation”*. The doctor with the #1 watched health TV show recommends and takes it, too!

**Important Health News—  
PLEASE OPEN NOW...**

**Backed by Our  
100% Satisfaction  
PLUS \$10 Guarantee!**

**(details inside)**



# Feel Much Better Just Days From

**Doctors and scientists at University of Michigan were STUNNED when these study results came out.**

**Do you want to reduce your health problems and feel better?**

If there is such a thing as a “best supplement” or “best nutrient” that alleviates all types of health problems, this is it. It has the powerful ability to reduce membrane damage so you feel better fast.

In this report, you will **discover the benefits of the supplement Cherrenex** that the big drug companies do NOT want to be publicized.

Doctors at University of Michigan Health System were STUNNED when these clinical study results were announced...

**“the subjects who took this nutrient... had lower pain, less total cholesterol, lower blood sugar, less fat storage in the liver and lower oxidative stress.”**

“These new findings are very encouraging, especially in light of what is becoming known about the interplay between inflammation, blood lipids, obesity and body

composition in cardiovascular health and blood sugar control,” says Steven Bolling, M.D., a University of Michigan cardiac surgeon and the laboratory’s director. “The fact that these factors decreased despite the predisposition to obesity, and despite their high-fat ‘American-style’ diet, is especially interesting.”

The new study results build on results that were reported last year by the University of Michigan team. The data came from experiments on subjects that were prone **to high blood pressure, high cholesterol and impaired glucose tolerance.**

The range of health benefits is breathtaking. The bioactive compounds found in tart cherries inhibit certain enzymes while boosting others. They also switch-on immunity defenses, down-regulate glucose and enhance primary antioxidants. Its health-restoring antioxidant content surpasses such well-known sources as red wine and dark chocolate.



# ter n Now!

## igan Health System me in!

This improves many blood markers of inflammation, including an increase in the antioxidant enzymes SOD and glutathione peroxidase. It outperformed vitamin E, a known antioxidant that is used for neurodegenerative problems.

**Here are some of the health benefits Cherrenex is guaranteed to give you:**

### **Amazing Natural PAIN RELIEF**

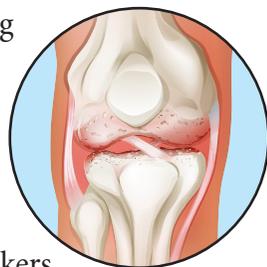
**(Works Best For People Who  
Have The Worst Pain)**

Do YOU suffer from pain? Millions of Americans who suffer from joint pain and arthritis can now get relief. This is confirmed by new research from Oregon Health & Science University presented at the American College of Sports Medicine Conference (ACSM).

In fact, researchers suggest the Prunus Cerasus (aka as Tart Cherry Powder) in **Cherrenex** has the “highest anti-inflammatory content of anything in its category” and can help people with osteoarthritis pain get relief.



In a clinical study of women age 40 to 70 with inflammatory osteoarthritis, the researchers found that taking this for three weeks led to significant reductions in important inflammation markers



— especially for women who had the highest inflammation levels at the start of the study.

**“With millions of Americans looking for ways to naturally manage pain, it’s promising this can help, without the possible side effects often associated with arthritis medications,”** said Kerry Kuehl, M.D., Dr.PH., M.S., Oregon Health & Science

*(continued)*

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University, principal study investigator. **“I’m intrigued by the potential for a real nutrient to offer such a powerful anti-inflammatory benefit — especially for active adults.”**

### **No Side Effects, Not Addictive**

Often characterized as “wear and tear” arthritis, osteoarthritis is the most common type of arthritis. Athletes are often at a greater risk for developing the condition, given their excessive joint use, according to the Arthritis Foundation.



Previous research conducted by researchers at Baylor Research Institute found it helped reduce osteoarthritis pain for the majority of men and women.

**“How does it reduce pain so well?”** you ask. Published scientific studies show the **unique anthocyanins and other**

**Pain relievers do NOTHING to address the underlying cause of your pain, your joint health (and pain) just gets WORSE over time.**



**compounds in it naturally mediate the inflammatory process.** These compounds deliver comparable anti-inflammatory activity to ibuprofen (Advil®) and naproxen (Aleve®) — but without the significant side effects!

It brings down swelling similar to the prescription drug indomethacin.

The flavonoids also promote strength in collagen, the fibers of connective tissue which include tendons, cartilage, and other structural tissues in your body.

The standard treatment for joint pain, muscle pain and inflammation has been nonsteroidal anti-inflammatory drugs (NSAID’s). With over 112 million users in the USA alone, these are some of the most commonly used types of medications. But because they can have deadly side effects, including gastric bleeding, heart attack, and kidney failure, the search for natural agents that are more beneficial and safer has gained increased attention.

In a double-blind, randomized, placebo-controlled trial, the patients who took this had a significant decrease in inflammation, indicated by reduced levels of C-reactive protein (CRP). The impact was greatest for those adults who had shown the highest inflammation levels at the start of the investigation.

# Which of These 8 Pain Problems Do You Want to End?

**(Please check all that apply:)**

- Difficulty sleeping due to pain
- Daytime fatigue
- Irritability
- Pain when walking or standing
- Joints feel stiff and achy in the morning
- Joints and muscles hurt after being active
- Reduced range of motion in knees, elbows, or other joints
- Sore, swollen fingers make it hard to write or hold objects



Other studies confirm this. Researchers at the Philadelphia VA Medical Center say **most patients with knee osteoarthritis who took it reported a significant improvement in pain, stiffness, and physical function after six weeks.**

This pain relief stopped when people stopped taking it, “so it is alleviating symptoms, not curing disease,” says principal investigator H. Ralph Schumacher, M.D. The findings were published in the journal *Arthritis & Rheumatism*.

Are you sick and tired of living from one pain pill to the

next? Sure, you could pop one pill or another every time you hurt, but you know that’s a losing battle.

Your “Pain Pill Habit” must be stopped before it harms you. After a while, you can get a hole in your stomach, or suffer side effects like nausea, heartburn, diarrhea, constipation, and even heart problems.

And because these pain relievers do nothing to address the underlying cause of your pain, your joint health (*and pain*) just gets worse over time.

Now there’s a new discovery  
(*continued*)

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that brings you joint pain relief **fast** with NO side effects! It is **all-natural** and all you take is ONE capsule twice a day!

**NO MORE** having to give up things you love to do

**NO MORE** fatigue from interrupted sleep due to pain

**NO MORE** telling your grandchildren you can't play

**NO MORE** struggle doing everyday things

**NO MORE** anxiety and low moods from your pain

**NO MORE** sexual issues or other health problems caused by pain

**Pain Relief So Powerful...  
You Won't Believe It Until  
You Feel It Yourself!**  
*Your muscles and joints will  
FEEL LIKE NEW AGAIN!*

✓ **Throw balls with your kids or grandkids** with no pain at all

**FEEL BETTER  
In Just Days!**

**T**his discovery **lowers** pain, blood pressure, blood sugar, body weight, cholesterol... **improves** sleep, energy and memory!



**CALL NOW  
TOLL-FREE**

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**PLUS Get  
FREE Shipping  
on Any Order!**



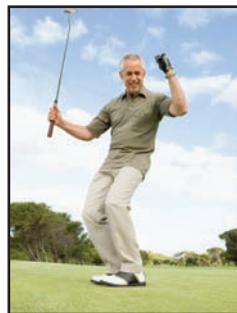
✓ **Pick up the young kids** with no back pain

✓ **Enjoy working in your yard and garden** with no more pain



✓ **Delight in the smile and laugh of your kids or grandkids** as you throw them up in the air and spin them around in your arms

✓ **Play golf like you used to** — all the fun, but no more pain



✓ **Make your "secret dreams" come true**

✓ **Enjoy fun hobbies again** like woodworking, gardening, sports and others

✓ **Go for fun, healthy walks**



✓ **Have twice the energy you do now** — because pain is not draining your energy

✓ **Enjoy an exciting new and better outlook on life**

✓ **Achieve the goals you've always wanted to.**

**I am very excited and happy for you because...**

**No matter how bad your pain is, no matter how many things you've tried that didn't work before, no matter what your doctors say, no matter how long you've had the pain...**

# ...It's NOT too late for YOU to become PAIN-FREE and start enjoying your life more!

## Get Ready for a New Life of FREEDOM!

**FREEDOM FROM** painkillers, rubbing on stinky ointments, surgery, depending on others, feeling bad and guilty because you can't do certain things, fatigue from waking up from sleep due to pain, saying "no" to activities you want to do, the terrible feeling that your active years are over.

**FREEDOM TO** travel, dance, make love, garden, lose weight, exercise, make your dreams come true, have more fun, be a better spouse, parent, friend, and grandparent.



**WARNING:**  
If you **IGNORE** this breakthrough... here's what will happen to your pain

If you ignore this thrilling news, your aging joints will become more and more weakened. They will hurt more and more until conventional doctors will say you need painful injections or (very risky) surgery. Or maybe you will just have to take stronger and stronger pain medications — and risk becoming addicted.

*(continued)*



- Finger Pain
- Hand Pain
- Knee Pain
- Low Back Pain
- Ankle Pain
- Shoulder Pain
- Headaches
- Stiff Joints
- Feet Pain
- Hip Pain
- Muscle Pain
- Sprains
- Sciatica
- Pinched Nerves
- Sore Bones
- Neck Pain

**Don't Give Up Hope! NO Dangerous Drugs, NO Surgery, NO Doctor Visits!**

No matter what, your life will suffer, and the lives of everyone you love will suffer too, because you will not be yourself. Then you will start to age sooner and more rapidly: your skin sags and becomes wrinkled, your sexual energy and performance declines, you gain weight, you get more aches and pains.

This terrible downward spiral must be prevented now, before its too late. Don't put this off and suffer when you don't have to.

You are frustrated with your pain. And you should be, considering all you've done and all the money you've spent trying to end it.

I know how frustrating it is. I know how the crushing pain can make you lie awake at night suffering and worrying.

## **Your Pain Must Be Stopped Now!**

**This is important:** Living like you are now is a path to more pain, and possibly divorce, depression, fatigue and burnout. If not of your body, then at least of your soul.



**The crushing pain can make you lie awake at night suffering and worrying.**



This is **AN URGENT WAKE-UP CALL FOR YOU!**

If you keep doing what you are doing now, you will keep getting the same results. Your pain and quality of life will get worse.

That's why it's so urgent that you act on this important news at once. You can now use this solution to **leave your pain behind and start enjoying your life — and your loved ones — once and for all.**

Now you have the choice to break free and have the pain-free life you want.

You see, at the source, your pain is dynamic. It's either getting worse or it's getting better. It never stands still.

You can only take one of two roads now. One road is to do nothing new, which leads to worse pain for you.

The other road is using **Cherrenex**, which leads to a pain-free life. If you ignore this important news and product, and do nothing, you are choosing more pain.

## **Your Energy Level Will Be Much Higher!**

When you take this every day, you will wake up feeling GREAT! All because you got a good night's sleep, uninterrupted by pain.

You can practically leap out of bed eagerly anticipating — instead of dreading — the activities of each day. You can do the things you enjoy, with the full energy to enjoy them all day and night long without a nap or break.

Pain robs you of energy. Your body must use its energy to fight off the pain, leaving you with little energy left.

This quickly helps end your fatigue! **Your fatigue will start to end when Cherrenex rids you of pain.** You'll feel a surge of energy and mobility you forgot you had — every single day!

You will enjoy a much more energetic life with gusto to spare! People tell me all the time they have DOUBLE the energy they used to have!

When you start feeling good again, getting older as you've

known it changes. This is not only good for your body, *but good for your mind and emotional state too!*

## **Do You Exercise? This Prevents and Relieves Muscle Soreness**

**Keeping up with an exercise program is a lot easier when you recover fast after a workout.**



Exercise is important, but it can be a painful process. We need something to help us reach our full potential without getting held back by pain. Unfortunately, many pain medications can be harmful to the stomach lining and can cause other long-term problems like “salicylism” (build-up of aspirin in the body causing toxicity).

**Cherrenex** is rapidly gaining a following among athletes and weekend warriors as a supplement that helps speed the recovery process. *(continued)*

## **Cherrenex Works For You Or It's FREE!**

**Get up to 3 FREE Bottles of Cherrenex and FREE shipping if you act today! You could also qualify for a FREE bottle of our great Vitamin D product (a \$9.95 value). See page 22 for details.**

**Order Cherrenex today call toll-free 1-800-279-5517!**

High-intensity or prolonged physical activity of any kind typically causes muscle damage, resulting in oxidative stress, inflammation, and pain.



This protects your muscles, lowers pain, and speeds muscle repair.

A research team concluded it significantly reduced the typical pain

and loss of strength caused by exercise — and produced preservation of muscle function.

According to the Director of Sports Nutrition at the *University of Pennsylvania Medical Center for Sports Medicine*, Leslie Bonci, MPH, RD, CSSD, LDN, who adds this into the training menu of both her professional athletes and clients as a natural and easy way to manage pain, **“Why not take it when there’s so much science to support the anti-inflammatory benefits of this?”**

## **Great “Recovery” News If You Work Out, Run or Exercise...**

Are you in pain and sore after a hard workout? **Cherrenex** reduces post-workout soreness. If you’re looking for a healthy way to fight post-exercise soreness, this is it. Studies show this significantly **reduces muscle inflammation and soreness** (remember that a good workout actually causes muscle

damage, resulting in inflammation).

A study published in the *Scandinavian Journal of Medicine & Science in Sports* reported on the effectiveness of this for reducing muscle damage, inflammation and oxidative stress. This was based on a study following marathon running of 20 people in the London Marathon:

- ✓ **More rapid recovery of strength versus placebo**
- ✓ **The inflammation marker interleukin-6 (IL-6) was 49% lower versus placebo**
- ✓ **The inflammation marker c-reactive protein (CRP) was 34% lower versus placebo**

A new study demonstrates the effectiveness on inflammation and oxidative stress after high-intensity cycling.

Cyclists who took it before a three-day race experienced less inflammation and oxidative stress compared to those who did not, according to a U.K. study published in *Nutrients Journal*.



## **Reduces Painful Gout Attacks 45%**

I hope you never suffer from gout, because it’s very painful. Gout occurs when excess uric acid crystallizes in your joints. It’s another type of inflammatory arthritis, and it is associated with higher risks of heart problems and death.

Typically, drugs such as Allopurinol and Probenecid are used to help lower uric acid levels. But the side effects of these drugs can include difficulty breathing, unusual bleeding, vomiting, nausea, or severe skin rash. They may even interfere with other medications.

Fortunately, research has found a safe alternative. For decades, gout sufferers have taken the nutrient in **Cherrenex** for relief. Now, modern science confirms this tradition.

A study conducted on 633 people by scientists at Boston University and published in *Arthritis & Rheumatism* found it reduced the risk of gout attacks in those who suffered recurrent attacks by 45%.

In another study, **“it was associated with a 50% lower risk of gout flares over a 48-hour period,”** says study co-author Hyon K. Choi, M.D. He attributes the positive results to the very high level of anthocyanins — plant pigments that have powerful antioxidant and anti-inflammatory properties.

### **Lowers Blood Sugar by Increasing Insulin Production 50.2%**

Muralee Nair, Ph.D. at Michigan State University confirms this contains anthocyanin. In early laboratory studies, anthocyanins increased insulin production by 50.2%, *Science Daily* reports:

This nutrient delays the release

of glucose into the blood after a meal. This means there is less of an “insulin spike” after meals, meaning it helps maintain insulin sensitivity.

### **Easier Weight Loss Without Giving Up All Your Favorite Foods**

In a recent clinic test, those with metabolic syndrome given this for 3 months showed improved health in many ways. The amount of high fat in the blood decreased. Even better, abdominal (inside) fat came off.

This is important as abdominal fat is the most damaging. It is more associated with *(continued)*



### **Life Can Be a Bowl of Cherries!**

**T**his discovery **lowers** pain, blood pressure, blood sugar, body weight, cholesterol... **improves** sleep, energy and memory!



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**PLUS Get FREE Shipping on All Orders!**



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free fatty acids in the blood, insulin resistance, and imbalanced hormones like testosterone.

**Not only did harmful belly fat decrease, the underlying metabolic problem improved as well.** PPAR-alpha, a signal system on fat cells that responds to free fatty acids and increases fat storage (and represents how abnormal the weight gain process is), also decreased.

Their blood also showed much lower levels of certain inflammation markers linked to heart and blood sugar problems. In addition, they had significantly lower blood levels of cholesterol and triglycerides than their counterparts.

The benefits included a reduction in fat mass, weight around the abdomen, hyperlipidemia (elevated fats in the blood), and expression of inflammation



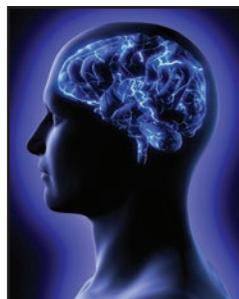
**Anthocyanins activate PPAR which regulate fat and glucose levels and reduce risk factors for high cholesterol, blood pressure and diabetes.**



markers, and tumor necrosis factor, along with other beneficial metabolic changes.

## **Gives You a Better Memory**

Is your memory getting worse? As we age, neurons (nerve cells) in regions of the brain die, contributing to neurodegenerative disorders such as memory loss.



**Cherrenex** with its rich content of phenolics, including anthocyanins, has shown to provide a strong neuron defense — which the researchers described as “potent anti-neurodegenerative activity.” This protects your neurons from cell damage.

This helps improve your memory, according to a study published in the *Journal of Neuroscience*, says the USDA and at the Human Nutrition Research Center on Aging at Tufts University in Boston, Massachusetts.

It can also help ward off Alzheimer’s symptoms. The Alzheimer’s Association includes this as one of the memory boosting nutrients because it is rich in antioxidants.

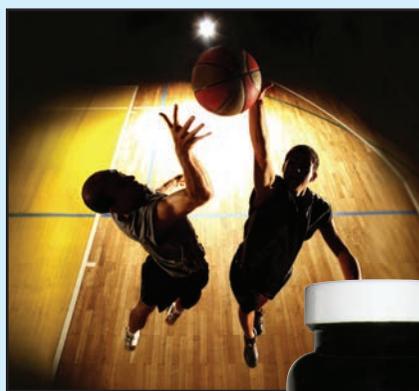
## **Lowers Dangerous Cholesterol and Blood Pressure**

The nutrients in **Cherrenex** naturally lower bad LDL cholesterol. It contains one of the most powerful antioxidants that exists, quercetin\*.

\*contained in the Tart Cherry Powder

**S**PORTS ILLUSTRATED talked about how difficult it is to sleep for NBA players who travel 55,000 miles in a season like Kobe Bryant from the L.A. Lakers. Frequent time zone changes and jet lag makes it difficult to perform at peak levels.

Dave Ellis, a dietician who has worked with pro sports teams for 30 years gives them the nutrient in **Cherrenex** — it has sleep-promoting melatonin and tryptophan, and slow



digesting proteins for a good nights rest and overnight muscle repair.



**Order Cherrenex today call toll-free 1-800-279-5517 plus get FREE shipping!**

It prevents oxidative damage caused by free radicals from damaging low-density lipoprotein (LDL or “bad” cholesterol), according to a study published in *European Review for Medical and Pharmacological Science*.

Researchers from the University of Michigan Health System found this nutrient provides cardiovascular benefits equal to some medications, and can improve the result even when taken with prescriptions.

“In the study, **scientists reported a 26% decrease in cholesterol in subjects given this nutrient, as well as a 65% reduction in early death.** This lower mortality was believed to be due to improved cardiovascular health.”

They believe the anthocyanins activate something called PPAR in bodily tissues, which in turn regulate fat and glucose levels and thereby

reduce risk factors for high cholesterol, blood pressure and diabetes.

In fact, its multi-pathway benefits can switch critical genes off and on; modulate cell-signaling molecules like T necrosis factor; and target multiple cardiovascular factors — producing, in one study model, an astounding 65% reduction in early death!

**Fall Asleep 17 Minutes Faster and Sleep 1 hour and 24 Minutes Longer Each Night**

A lot of people toss and turn each night in desperation. Insomnia is a common health problem among older adults, impacting an estimated 23 to 34 percent of the population. In addition to being an annoyance, long-lasting sleeplessness can seriously damage your health.

*(continued)*

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Insomnia is linked to a higher prevalence of chronic pain, high blood pressure, type 2 diabetes and a decline of cognitive function, or dementia.

Sleeping pills? Individuals with insomnia may turn to sleeping pills; however, **these sedative medications have been found to increase risk of falls** — which makes it increasingly important to find more natural sleep-aids

without these apparent side effects, said co-author Frank L. Greenway, M.D., director of the outpatient research clinic at the Pennington Biomedical Research Center at Louisiana State University.

“Sleeping pills may be an option for younger insomniacs, but for older people these medications **quadruple** the risk of falling, which can lead to broken hips and, often, earlier death,” Dr. Greenway said.

## **Cherrenex** is Fully **GUARANTEED** to Help Do All This For You...

- ✓ **Amazing natural PAIN RELIEF**
- ✓ **Prevent and relieves MUSCLE SORENESS**
- ✓ **Lower BLOOD SUGAR** by increasing insulin production 50.2%
- ✓ **Easier WEIGHT LOSS** without giving up all your favorite foods
- ✓ **Improve COGNITIVE FUNCTION**
- ✓ **Lower dangerous CHOLESTEROL AND BLOOD PRESSURE**
- ✓ **FALL ASLEEP 17 minutes** faster and sleep **1 hour** and **24 minutes** longer each night
- ✓ **Improve HEART HEALTH**
- ✓ **Reduce painful INFLAMMATION 49%**
- ✓ **Reduce GOUT attacks 75%**
- ✓ **Make YOU look younger**
- ✓ **Help prevent MIGRAINES**
- ✓ **Save you MONEY**
- ✓ **Avoid PRESCRIPTION DRUG** side effects



In a recent study, there were significant increases in time in bed, total sleep time, and sleep efficiency total. So reach for **Cherrenex** instead of the sleeping pills!

Nutritionist Rania Batayneh told *Medical Daily*, **“this is the only natural source of melatonin, a hormone that regulates the body’s internal clock and sleep-wake cycles.”** The sleep-inducing effects on the human body have been studied and have shown to improve sleep, confirms The University of Pennsylvania and University of Rochester.

A recent study showed a significant reduction in insomnia. On average, the adults fell asleep 17 minutes faster compared to those who took a placebo.

But that’s not all. In the randomized crossover clinical trial, older adults who took it slept 1 hour and 24 minutes longer each night compared to the placebo, and their sleep was more efficient.

These findings were presented at a section of the annual meeting of the American Society of Nutrition, 2014 and have been submitted for publication in a peer-reviewed journal.

## **Improves Heart Health**

**Cherrenex** is proven to lower cholesterol, blood pressure, body weight and fat.

The latest research suggests the anthocyanins in **Cherrenex** do a better job of protecting arteries than vitamin C or E alone. Also, Brunswick Laboratories discovered

## **Cherrenex Improves Sleep Health!**



**Adults fell asleep 17 minutes faster compared to those who took a placebo.**

**Cherrenex**

**Placebo**

**Older adults who took it slept 1 hour and 24 minutes longer each night compared to the placebo.**

**Cherrenex**

**Placebo**

it contains compounds called SOD (super oxide dismutase) which are thought to act as scavengers of free radicals.

This was a significant study because very few natural foods contain SOD, which means the body often lacks beneficial levels. An earlier Harvard study reported that men in particular should consume more of this nutrient for cardiovascular health.

*(continued)*

## Makes YOU Look Younger by Slowing the Aging of Skin

This has the highest anti-oxidant level of any nutrient of its kind. Antioxidants help the body fight the free radicals that make us look old and slows down the aging process, according to Scientists from the Michigan State University. Many experts recommended this as an alternative treatment for other skin conditions.



## Famous M.D. Host of #1 Rated Health TV Show Takes A Lot of This Super Nutrient

Over the years, Dr. You-Know-Who (his two-letter last name begins with an “O”; we can’t name him for legal reasons) has shared so much health advice on his daily TV show.

The first thing you’ll find in his kitchen pantry is this nutrient, and lots of it!

The doc says this nutrient is loaded with antioxidants, has been **shown to reduce muscle soreness, and fight heart disease** thanks to its anti-inflammatory properties. It can even help you sleep better at night as it contains melatonin — a hormone secreted by the brain that regulates your sleep cycle.

\*contained in the Tart Cherry Powder

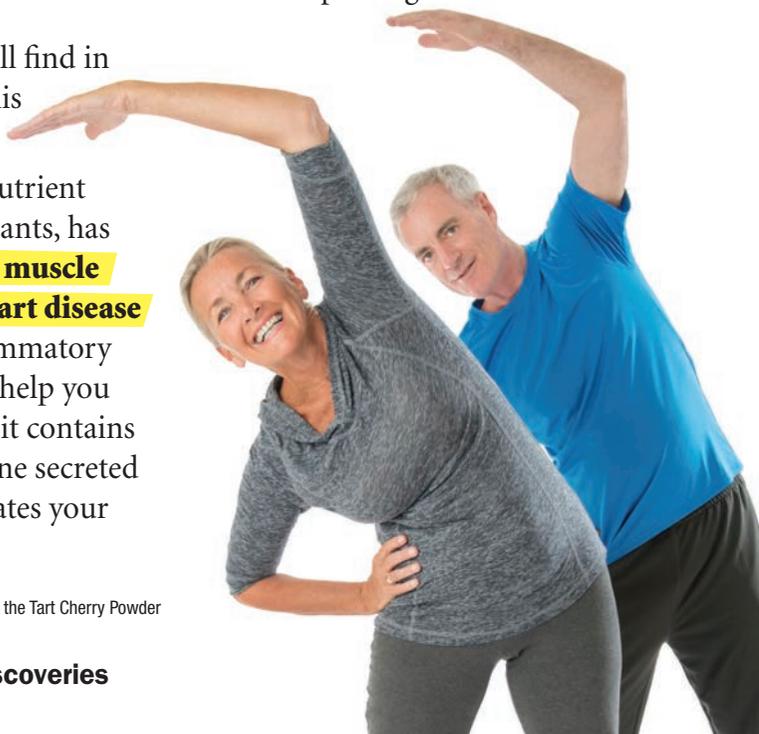
## Dr. Joseph Mercola, M.D. raves “This Has My Highest Endorsement!”

Dr. Mercola says this can **relieve pain, help you avoid premature aging, and add years to your life.** He gives it his absolute highest endorsement.

Dr. Mercola says it helps fight off many illnesses and health problems. It helps prevent or repair the damage that is done to the body’s cells by free radicals, before they can cause any damage and illness to you.

It also contains ellagic acid\*, a naturally occurring plant phenolic known as a strong healthy compound. Some researchers say that ellagic acid may be the most effective way to prevent certain life-threatening illnesses.

Another compound found in it — perillyl alcohol (POH) — is extremely powerful in reducing the occurrence of many types of illnesses. Researchers found that POH stops the growth of certain



harmful cells by depriving them of the proteins they need to grow. It has worked on every kind of illness that POH has been tested against.

### **Eliminate Oxidative Stress and Prevent PREMATURE AGING.**

It is rich in two important flavonoids, isoqueritrin and queritrin\*, which act as antioxidants and work to eliminate byproducts of oxidative stress, therefore slowing down the aging process.

### **Help Prevent MIGRAINES.**

By helping reduce inflammation in the body, the anthocyanin and bioflavonoids in it may also help reduce or prevent migraine headaches.

### **Keep the Doctor Away, Save Money and Avoid Prescription Drug Side Effects**

Would you like to end your health problems with no drugs or surgery?

Do you want to look and feel younger?

Do you want a “second youth” with a better memory, a thinner body, no pain, and more energy like you used to have?

If you answered “YES” to these questions, you should try this exciting all-natural supplement **Cherrenex** today by calling toll-free **1-800-279-5517**.

It will keep the doctor away, save you a lot of money and you will avoid prescription drug side effects.

\*naturally occurring in the Tart Cherry Powder

## **Newsweek**

**A**s a recent **Newsweek** article said **“The day when doctors say — ‘Take (this) and call me in the morning’ — may not be far off.”**



### **This Will Be Your New Life Soon!**

When you are no longer put down by health problems, you will have a lot more energy. You will be happier. You will get more done. You will have more free time to enjoy your family, friends and hobbies.

1. You wake up each morning **feeling fully rested** and **bursting with energy**
2. No more embarrassment from effects of your health problems
3. You are **pain-free** to do what you want
4. Your heart is stronger
5. You are **no longer feeling tired**
6. No more embarrassing “senior moments”
7. You start **losing weight** so much faster and easier
8. You **look younger** because you have clearer, younger-looking skin

*(continued)*

9. You will feel calmer with  
**less stress and anxiety**

10. You will **sleep better**

You will soon feel better, and enjoy life more, with no drugs or surgery... guaranteed or you get a FULL refund (plus \$10) when you return! Reply for your **Cherrenex** today.

## Your Questions Answered

**“Does it have any side effects?”** No. There have been no negative side effects reported.

**“Can I take it with medication?”** Yes. There have been NO negative interactions reported when taken with over-the-counter or prescription drugs.

**“What will my doctor say?”** Most M.D.'s have little to NO knowledge about natural health supplements, even with all the overwhelming research proof we have. They were never taught about it, and no drug

companies promote it to them.

**“Where is it sold?”** It is available only from us at Hampshire Labs from this announcement. It is NOT sold in any stores or on any website (other than our own).

For a short limited time only, a risk-free trial of **Cherrenex** has been reserved in your name to try without risking even one penny.

I know you've tried some supplements before and were not thrilled with the results. Well, don't worry, because



your results are **guaranteed** to be terrific now! You don't risk a dime in seeing the results for yourself... reply now to get it rushed to your home... and start feeling the tremendous difference just days from now!

## Cherrenex Works For You Or It's FREE!

**G**et up to 3 **FREE** Bottles of **Cherrenex** and **FREE** shipping if you act today! You could also qualify for a **FREE** bottle of our great **Vitamin D** product (a \$9.95 value). See page 22 for details.

**Order Cherrenex today  
call toll-free 1-800-279-5517!**



This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Not available in stores. Not available from anywhere else except this notice.

**You have nothing to lose and everything to gain:**

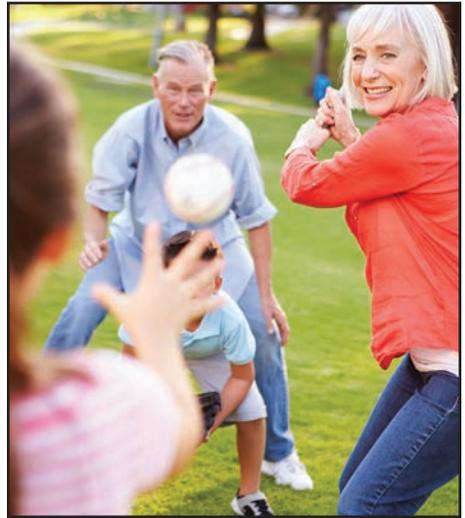
# **“If Cherrenex does not improve your health dramatically...return it for a FULL refund!**

**Plus I'll send you an EXTRA \$10. I guarantee it!”**

**T**hat's right. I'm so confident you will be thrilled, all you have to do is return whatever product you have left, or even the empty bottle, anytime within 120 days and you will receive a full refund plus extra cash!

If you are not thrilled with how much it improves your health, I guarantee to send you a full 100% refund — **plus \$10**

**extra cash!**



No questions. No hassle. No fine print. I trust you.

Right now, you do NOT need to say “Yes”. You only need to say a very easy “Maybe”. Make me prove to you — FREE of even a penny of risk. You are NOT BUYING, you are just TRYING. After you see the results, THEN you can decide if you want to keep it or not!

Could anything be more fair? Just call this toll-free number now for immediate shipment:

**1-800-279-5517.**

Yes — right now — FREE OF ANY RISK, you can experience the life-changing benefits for yourself

BEFORE you decide if you want to keep it or not.

Don't just sit there and let yourself suffer over and over again. Now you don't have to! Stop being a victim chained to doctor visits and drugs! You don't risk a penny, so please call toll-free, fax or mail the enclosed form — right now!

We are the only company you can buy **Cherrenex** from. It is not sold in any stores or websites. This is the absolute lowest price you can ever buy it at. Yes, from this announcement and this offer, today. **This is a**

*(continued)*

**Call toll-free 1-800-279-5517 today and get FREE SHIPPING! • 19**

**special limited-time-only offer. It ends soon, so call now: 1-800-279-5517.**

To your new health,

*William J. Hartman*

William J. Hartman  
President, Hampshire Labs  
*Over 320,000 satisfied customers since 1992*

**P.S.** This new discovery is so effective, I guarantee it will make you feel better fast without prescription drugs. Be prepared for less or no more pain, lower cholesterol, blood pressure, blood sugar, body weight... and improved sleep, energy and memory. This is

so effective, it is **GUARANTEED** to work for you. If this product is not everything I claim it to be, simply return it (within 120 days) for a FULL refund plus an extra \$10 for your trouble.

**P.P.S. FREE GIFT for your fast reply!** When you order 2 or more bottles of **Cherrenex**, you will also receive a FREE bottle of our great **Vitamin D** product (a \$9.95 value). This FREE gift is yours even if you decide to return **Cherrenex** for a full refund plus extra \$10 (within 120 days please).

For fastest delivery, and **FREE SHIPPING**, you must call now before this special offer ends. **Call toll-free right now 1-800-279-5517.**

## Reasons You'll Love Ordering From Us.

- 1. We have friendly and courteous telephone staff.** So when you call, you will be treated with respect and dignity by a knowledgeable staff that really understands our products and your needs.
- 2. We ALWAYS give you free shipping,** no matter how many bottles you order.
- 3. Get up to 120 days to put Cherrenex through it's paces.** Our no-hassle 100% guarantee is far longer than most of our competitors.

- 4. If you're not completely satisfied with Cherrenex,** we won't just refund your money. **We'll also pay you an extra \$10 for your trouble.**
- 5. Our products are based on science,** not the latest health fads. They are formulated to the most stringent Good Manufacturing Practices (GMP) as defined by the FDA. And they're tested for maximum purity and potency.



**ORDER TODAY!**



**Call Toll-Free 1-800-279-5517 to Order Today! Plus get \$10 just for trying it. See page 23 for details...**

**My Written Guarantee:**  
**Try Cherrenex for Up to 120 Days Risk-Free.**  
**You Have a FULL 120 Days**  
**to Be 100% Convinced it**  
**Works For You!**

I want YOU to be the judge. You've read what **Cherrenex** can do in this Special Report. For up to 120 days, you can try it completely risk-free and see your results. I am convinced that they will be spectacular. If **Cherrenex** is NOT everything that I say it is, just return the unused portion for a FULL refund. And I will also pay you an extra \$10 for your trouble! It does not get any better than that!



**Cherrenex Will Quash Your Nagging Health Concerns... and Make You Look and Feel Years Younger!**

Feel better and look better just days from now when you put our amazing **Cherrenex** to the test. The pain is gone and you will wake each morning FULLY refreshed and ready to take on the day. You have heard that an apple a day keeps the doctor away....wait till you see what Tart Cherries and the rest of the **Cherrenex** formula can do for you on a daily basis. your heart will be stronger, you will have energy to burn, losing weight will be come easier and you will feel like your "love life" is coming out of hibernation. Life can be a bowl of cherries (actually Tart Cherries) when you make **Cherrenex** part of your daily regimen.

**Call Toll-FREE 1-800-279-5517. Or Complete the Risk-Free Order Form on Page 23 Right Now**

We stand behind what we sell. **We back every sale with our famous 100% Satisfaction + \$10 cash guarantee.** We offer FREE shipping on EVERY order everyday. Our products are backed by science, not "smooth sales talk". Put **Cherrenex** to the test in your own life. If it is not everything we say here and you do not love this amazing formula, simply return it within 120 days for a FULL refund plus an extra \$10 for your trouble. I'm taking this formula myself. I'm 65 years young and I feel amazing. I really want to share my discovery with everybody out there. You are going to love **Cherrenex**, I **guarantee** it.

To Your Improved Health and Life,

*William J. Hartman*

William J. Hartman,  
President of Hampshire Labs, Inc.

# Order Cherrenex Now, and I'll Send You Up to **3 FREE Bottles!**

**Plus FREE SHIPPING ON EVERY SIZE ORDER!**

A total SAVINGS of \$119.95 if you act now.

This special offer is for a **limited time only** and may not be repeated. Please order today!

**3 FREE BOTTLES with our BEST DEAL!**



## 4 Ways to Order:

1. FOR FASTEST SERVICE  
CALL TOLL-FREE  
**1-800-279-5517**

A friendly representative is ready to help you 24 hours a day, 7 days a week

2. TO ORDER BY FAX...

Fill out the Risk-Free Reservation Certificate at the right, and fax both sides to: 1-952-927-6658

3. TO ORDER BY MAIL...

Use the enclosed order processing envelope or mail to: Hampshire Labs, 4828 Park Glen Road, Minneapolis, MN 55416

4. ORDER ONLINE AT...

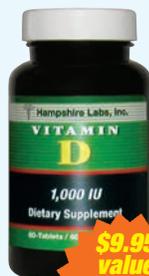
[www.hampshirelabs.com](http://www.hampshirelabs.com)

**FREE SHIPPING ON EVERY ORDER!**



Order 2 bottles (or more) of Cherrenex and We'll Also Send You a **FREE 60-Day Supply of Our GREAT Vitamin D!**

**Y**ou need to take your **Fight-Amins!** Especially your Vitamin D which can run low in the winter months because of lack of sunshine. Vitamin D helps your body fight off colds and flu. A recent Canadian study showed that taking 10,000 IU of Vitamin D every week cut risk of respiratory infection by 50%.



**\$9.95 value YOURS FREE!**

**If you are NOT satisfied, I'll even send you an additional \$10 CASH!** (see details below)

I guarantee to send you a full 100% refund **plus \$10 extra cash** if you find that Cherrenex is not all that I have promised. Simply return the unused product back within 120 days. We know you are going to love it!



# Cherrenex Risk-Free Reservation Certificate

**Up to \$137.85 in total discounts and FREE shipping!**

**YES!** I want to end my nagging health issues, look and feel younger, lose some pounds and rekindle my love life with Cherrenex. Please send me Cherrenex in the quantity I checked below. I understand I'm covered by your famous, 100% Satisfaction + \$10 cash guarantee. If I'm not delighted with Cherrenex, I can return it within 120 days for a FULL refund + \$10 for my trouble—no questions asked.

**BEST DEAL:** Item #35357: Just \$119.95

**Lowest price per bottle — Buy 3, get 3 FREE!**

I buy 3 months of Cherrenex at the regular price of \$119.95 and get another 3 months FREE! That's six months for the price of three.

Check here for your FREE bottle of Vitamin D (Item #35128)



**Ask how you can instantly save \$20.00 on this order**

**GREAT DEAL:** Item #35356: Just \$79.95

**Buy 2, get 1 FREE!**

I buy 2 months of Cherrenex at the regular price of \$79.95 and get another 1 month FREE!

Check here for your FREE bottle of Vitamin D (Item #35128)



**Ask how you can instantly save \$10.00 on this order**

**GOOD VALUE:** Item #35355: Just \$39.95

I'd like to try it! Send me 1 bottle of Cherrenex for \$39.95.

**Ask how you can instantly save \$5.00 on this order**



KEY CODE

--	--	--	--	--

CUSTOMER NUMBER

--	--	--	--	--	--	--	--

ADD #'S FROM ABOVE ADDRESS ON BACK

## Please Select Your Preferred Method of Payment:

Enclosed is my check/money order for \$ \_\_\_\_\_

(Make check payable to Hampshire Labs; MN residents add sales tax of 7.3%)

Please bill my credit card:  Visa  MasterCard  Discover  AMEX

Card # \_\_\_\_\_ Expires \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Tel ( \_\_\_\_\_ ) \_\_\_\_\_

**CALL TOLL-FREE 1-800-279-5517 (Dept 000)**

Retailers and medical practitioners can order Wholesale at [HampshireSvcs.com](http://HampshireSvcs.com)

**MAIL TO:** Use the enclosed order processing envelope or mail to:  
Hampshire Labs, 4828 Park Glen Road, Minneapolis, MN 55416.

**FAX TO:** 1-952-927-6658 (for credit card orders only).

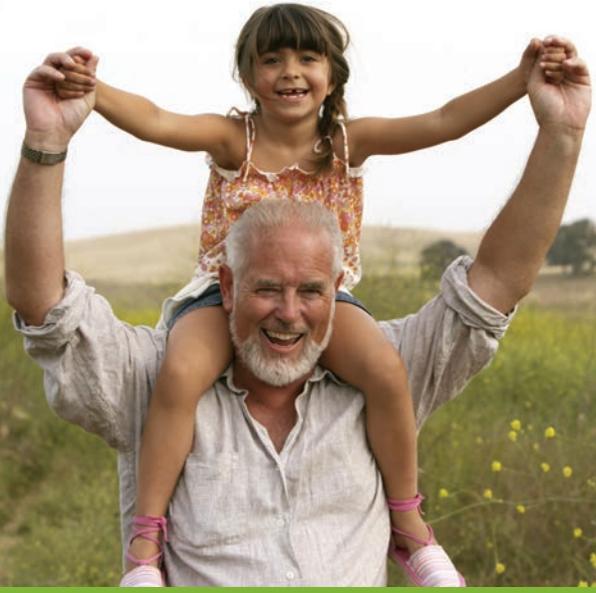
**ORDER ONLINE AT:** [www.hampshirelabs.com](http://www.hampshirelabs.com)

Cut along dotted line and return with payment in the enclosed Order Processing envelope.



Natural Health Discoveries  
Special Issue • \$6.95

# New Research Proves You Can **FEEL BETTER** Without Prescription Drugs



## Scientists report a **65 percent reduction** in early death

This revolutionary breakthrough in natural health is guaranteed to alleviate your health problems and give you a **“second youth”**. You can prove it to yourself **ABSOLUTELY FREE** of any risk. Dr. Joseph Mercola says **“it gets my highest recommendation”**. The doctor with the #1 watched health TV show recommends and takes it, too.

**Important Health News —  
Please Open Now** ▶



**It Works Or  
You'll Get \$10!**  
(details inside)

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KEY CODE

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Minneapolis, MN 55416

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University of Michigan, Tufts University, Louisiana State University, American Society of Nutrition, Journal of Neuroscience, University of Pennsylvania Medical Center, Boston University, Human Nutrition Research Center and Oregon University studies and reports prove it.

# New Natural Pain Reliever is So Strong and Effective...

## People Ask “Is This Legal or Addictive?”

**T**his revolutionary breakthrough in natural health is **guaranteed** to alleviate your health problems and give you a “second youth”.

You can prove it to yourself ABSOLUTELY FREE of any risk.

Dr. Joseph Mercola says “it gets my highest recommendation”.

The doctor with the #1 watched health TV show recommends and takes it, too!

**Important Health News—  
PLEASE OPEN NOW...**



**Backed by Our 100% Satisfaction PLUS  
\$10 Guarantee! (details inside)**