

Doctors and researchers release the greatest health discovery news ever published!



"Goodbye Forgetfulness!"



"Goodbye Wrinkles!"



"Goodbye Cellulite!"



"Goodbye Arthritis!"



"Goodbye Sex Problems!"



"Goodbye Heart Trouble!"

Say GOODBYE To Your HEALTH PROBLEMS!

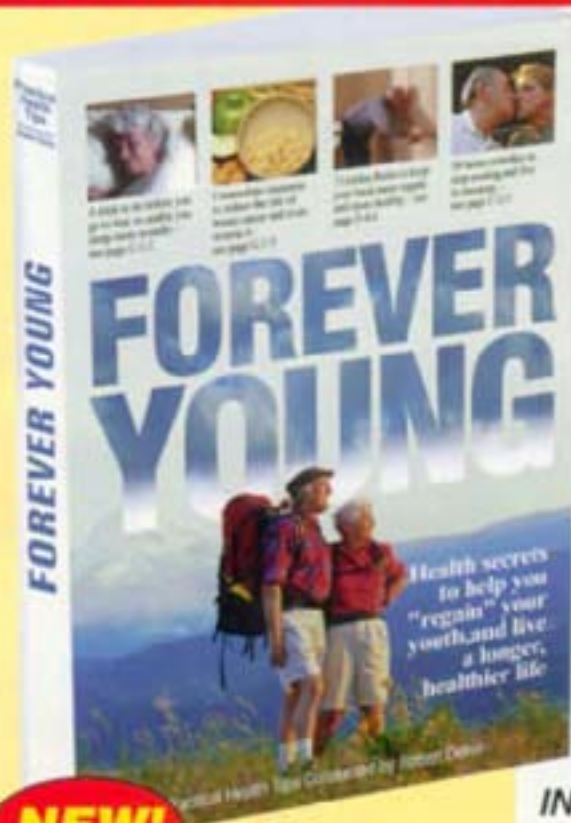


Feel "Forever Young!"

YOU don't have to suffer from age-related health problems like arthritis, heart disease, wrinkles, fatigue, memory loss, impotence and more ... now or ever! Live a longer, healthier, more active life NOW!

Amazing Documented Proof Inside

SNEAK PREVIEW! YOURS FREE FOR 30 DAYS!



NEW!

FREE PREVIEW!

Try These
Secrets In Your
Own Home

FREE
For 30 Days!

Mail Card On Pg. 11 Or
Call Toll Free TODAY!
1-800-452-6840

All New!
1,437 Natural
Anti-Aging Secrets
That Eliminate
Disease And Make
You Feel And
Look 10 to 20
Years Younger!

INSIDE THIS SPECIAL REPORT ...

Look And Feel Years Younger —

Eliminate wrinkles, Prevent hair loss,
Lose weight. **Pages 4 - 5**



Enjoy The Best Sex Of Your Life

Overcome impotence, Increase desire
at any age. **Page 9**



Keep Your Heart Strong And Your
Arteries Clear Add years to your life.

Page 8



Beat Disease Now... Even Arthritis

Natural ways to bolster your immune
system to prevent and cure illness.

Pages 6 - 7



Rejuvenate Your Mind! Think...

Reason... Remember like you did 14
years ago. **Page 10**





"You Can Live Healthier, Happier And Longer! These Amazing Healers Defeat Old Age and Illness!"

-- Doctor A. Mohrdieck, M.D.

PLUS...

3 FREE GIFTS!

Yours To Keep No Matter What ... Just For Trying "Forever Young" FREE For 30 Days!

How To Get Rid of Your Pot-Belly The Natural Way

FREE GIFT #1

If you've ever struggled with losing weight only to give up in frustration or gain it all back, this FREE GIFT will set

you FREE for life!

This is NOT just another diet that will raise your expectations only to deprive you and disappoint you like everything else you've tried.

This is a whole new way of living and thinking that will get you off of the diet roller-coaster for good ... without deprivation ... without strenuous exercise ... and without feeling hungry, faint or tired! In fact you will feel more energetic and alive than you have in years!

The Secrets To a More Exciting Sex Life

FREE GIFT #2

Few things in life can bring you as much pleasure and satisfaction as fantastic sex. With this FREE GIFT you and

your partner can enjoy a more exciting and fulfilling sex life no matter what your age ... no matter what problems you've faced in the past.

Discover time-tested secrets on how to instantly create the right atmosphere ... how to drive your partner wild with desire ... how to enhance intimacy ... how to rekindle the magic of your youth ... how to overcome impotence ... how to reach orgasm time and time again ... how to reawaken stale relationships with the spark of romance ...and much more!

ARTHRITIS:

How To End The Pain And Live Again!

FREE GIFT #3

You CAN beat arthritis! Safe, natural cures exist right now ... and more are being discovered

every day. But your doctor is a slave to the drug companies who only want you to use their dangerous prescriptions. Not any more!

In this exclusive FREE GIFT, renowned French physician Dr. Picard reveals how you can have complete relief from arthritis right now ... without dangerous drugs and without surgery!

This program WILL eliminate your pain, but it's so much more than that. You will discover how to lubricate old, dry cartilage...and even regenerate new!

Dear Friend,

As a medical doctor for 35 years, I have great news I didn't think I'd ever be able to give you. In this special report you will see dozens of natural remedies that prove ...

You don't have to be sick any more ... or ever again!
You can have a great memory and mental sharpness as you grow older!

You don't have to resign yourself to a life of pain, stiff joints and immobility!
You can prevent or eliminate wrinkles, age spots, gray hair and other signs of aging!

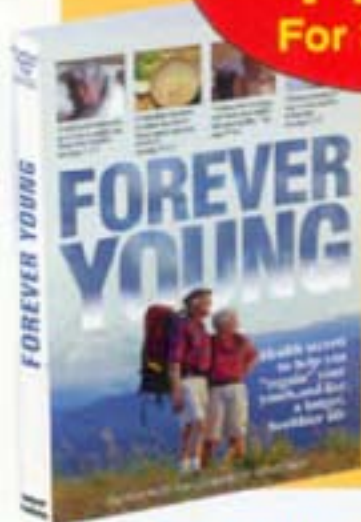
You see, scientists have uncovered over 1,000 completely safe and natural ways to defeat aging and disease WITHOUT drugs, WITHOUT surgery, WITHOUT anything unnatural at all. All of these new anti-disease, anti-aging remedies have been documented and combined in one life-changing book called *Forever Young*.

Now you are invited to read and use all these discoveries in your home ABSOLUTELY FREE of any risk for 30 days. You don't have to risk one penny to know beyond the shadow of doubt that every word I'm telling you is true! Enjoy this report, then mail in the attached FREE TRIAL CARD right away. It's never too soon or too late to use these secrets and feel Forever Young!

To Your Eternal Health and Energy,

A. Mohrdieck
A. Mohrdieck, M.D.

**YOURS
FREE**
For 30 Days!



**Respond
Today And
Get 3 Free
Gifts Too!**

**Mail Card Or Call
Toll Free TODAY!
1-800-452-6840**

Say Goodbye To Your Health Problems And Avoid The Ravages of Aging!

Dear Friend,

Wouldn't you like to look 10 or 20 years younger than you do right now? Wouldn't you like to prevent or eliminate pain and disease from your life? Wouldn't you like to remain energized and alert into your 80s and 90s?

Well now you can!

Yours FREE For 30 Days!

Our editors have scoured the globe for the most exciting, promising, safe and natural health discoveries known to man. We've compiled them into one handy reference book called *Forever Young*. And now we want you to have it FREE of any risk whatsoever for 30 days!

In this amazing book, you'll discover hundreds of ways to keep you and your loved ones healthy and young no matter what your age or current health. Everything from growing new hair ... to eliminating wrinkles ... to curing arthritis and even cancer is in this one, easy-to-read and use volume.

And now you can benefit from every one of these immediately! You can inspect your copy of *Forever Young*, and try these secrets for up to 30 days without cost, risk or obligation.

You Have Been Lied To!

I know this may all seem too good to be true. But leading researchers throughout the world ... and thousands of ordinary people just like you ... know it's true. These really work!

The problem is that we have all been lied to about our health and about growing old. Here are four lies we've all been told ...

(continued on page 6)

255 Secrets

◆ SEXY LEGS!

Eliminate painful and unsightly varicose veins without drugs or surgery. Page J-2-3



◆ TRIM TUMMY!

Flatten your pot-belly -- lose unwanted pounds and inches for good. Page B-5-4

◆ THICK, SHINY HAIR! Prevent hair loss and make existing hair thicker with this natural root that increases circulation to your scalp. Page J-3-9

◆ NATURALLY SMOOTH SKIN!



Spas charge hundreds of dollars for these exact same beauty masks you can get at your grocery store for pennies. Find out what's best for your skin type. Page J-1-13

◆ BE BLEMISH-FREE! Prevent "liver spots" with this little-known nutrient. Page J-1-4

◆ BALD NO MORE! Stimulate spectacular hair growth with this natural solution. Page J-3-6

◆ SOFT SKIN! Fight premature skin aging with this natural remedy on page E-3-13

to Look 10 to 20 Years Younger!

◆ **LESS STRESS!** Instantly eliminate the stress that causes wrinkles and aging. Page B-2-3

◆ **SAFE WAY TO TAN!** Two all natural nutrients will protect your skin and give you a deep golden tan. You don't rub it on ... you just take these two tablets. Page E-5-2

◆ **NO MORE WRINKLES!** All natural skin cleanser prevents pimples, eliminates wrinkles and deep-cleans your skin. Page J-1-1

◆ **CAPTIVATING SMILE!** Turn that

perpetual frown into a smile. Here's what to do if the corners of your mouth are turning down.

Page E-2-17



◆ **ANTI-AGING MIRACLE!** This is the one thing you must know to slow down your entire aging process, protect your skin and tissue from becoming brittle, and strengthening your heart muscles. Page E-4-8

◆ **MUCH MORE!** Discover hundreds of age-defying secrets in Forever Young! Try it FREE for 30 days!



Cellulite?

Rub Unsightly Dimples Away Safely and Quickly

Exercise won't do it. Diet won't do it. Even prescriptions can't seem to get rid of the nasty bulges and dimples known as cellulite. But there are 100% safe and natural remedies that work fast and easy. See page J-4-10 of Forever Young for all the details of these four natural cellulite removers.

1. **Cellulite Compress** — Add half a handful of this common herb and another of celandine to boiling water. Apply this compress over night.

2. **Cellulite Bath** — Combine 5 common herbs listed on Page J-4-10 plus a large grated onion with 2 quarts of boiling water. Bathe arms and legs in this solution twice a day.

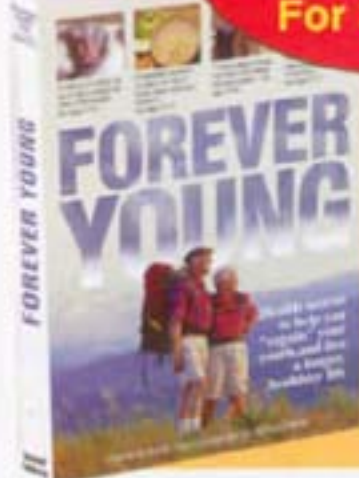
3. **Cream Enhancer** — If you are using an anti-cellulite cream, dilute it with this common herb and it will penetrate deeper and work better.

4. **Cellulite Teas** — Four 100% natural herbal teas are not only tasty, but melt away cellulite from within. Discover these on Page J-4-10 of Forever Young.

*"I'm 85 years old,
and everyone still
admires my slim
waistline and
joy of life."
— J.L.*



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FREE**
For 30 Days!



**Stop Aging
And Disease In
Their Tracks!**
Mail Card Or Call
Toll Free TODAY!
1-800-452-6840

(continued from page 4)

- X **Growing old and senile is "natural".**
NOT TRUE! Most symptoms and effects of aging can be avoided or reduced. In *Forever Young*, we'll show you exactly how.
- X **We're supposed to get fatigued easily as we age.**
NOT TRUE! You naturally possess an inexhaustible reserve of energy and enthusiasm. *Forever Young* will show you how to tap into that power no matter what your age.
- X **Getting sick is part of growing old.**
NOT TRUE! *Forever Young* shows you how you can be even healthier as you age ... with NO drugs, NO surgery, NO harmful treatments of any kind.
- X **You can't feel young forever.**
NOT TRUE! Youth has nothing to do with your age ... and everything to do with your mind and how you take care of your body. *Forever Young* shows you how you can truly feel young for your whole life.

1,457 Secrets To Erase Aging And Disease At Your Fingertips

No matter what your present condition, no matter what your age, no matter what challenges you face, *Forever Young* can help you feel younger and healthier. *Forever Young* is packed with over 1,000 of the most powerful health and anti-aging tips ever assembled. And now YOU can use them all FREE!

Plus, when you respond within 10 days, you will also receive 3 fabulous FREE GIFTS that will change your life! And they are yours to keep, even if you return *Forever Young* for a full refund.

Don't delay one second longer. Get these secrets today and start feeling young ... forever young ... in just a few days.

Sincerely,
Olivier Tavel
Olivier Tavel, Editor

432 Secrets

■ **GET WELL FAST!** How to defeat the four main obstacles to complete recovery from disease. Pg E-2-6

■ **HEAL YOURSELF!** Use the God-given power we all have to heal yourself without surgery or drugs. Page E-4-6

■ **FOOD SECRETS!**

Foods that make you sick ... foods that make you well. Now you can know the difference (and this is NOT about avoiding things like red meat). Page E-3-3



■ **DANGER ON THE TABLE!** The common food that could be destroying your immune system. Get it out of your house now! Page B-4-2

■ **FORGET EXERCISE!** Forget about exercise as you know it! This is twice as easy and is GUARANTEED to keep you looking and feeling young. Page A-4-2

■ **ELIMINATE POISONS!** Stress fills your body with it's own poison. Here's how to eliminate the toxins quickly and easily Page A-2-9

■ **LIVE TO 100!** Breakthrough studies say all you need to do is add this common, tasty food to your diet. Pg E-1-1

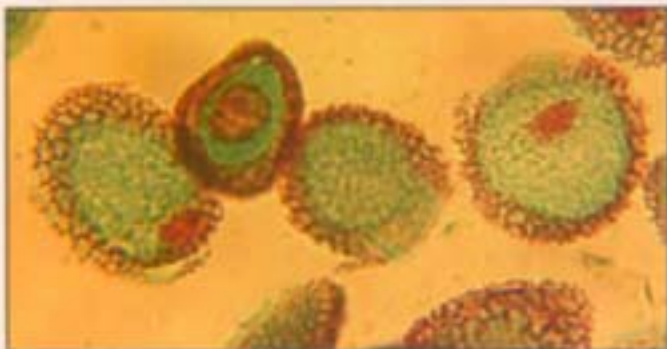
o More Energy & Less Disease!



■ **HEALING SLEEP!** How to make sure you're getting a good night's "healing sleep" and add years to your life. Page A-3-4

■ **NATURE'S MOST POWERFUL NUTRIENT!** One tiny pill will supercharge your immune system to prevent disease and cancer, plus prevent prostate problems, menopause problems and even cataracts. Find out if you are getting the right amount of this miracle nutrient in your diet. Page E-2-10

■ **LIVE 30% LONGER!** Why live to 60 when you can live to 90? Add 30% to your life span just by taking this safe, natural, non-prescription hormone supplement. Page E-4-1



■ **NEVER BE SICK AGAIN!** Make yourself 3 times more resistant to disease than you are right now. It's the easy, safe and 100% natural way to keep from being sick ... ever! Page E-3-13

■ **NO MORE PAIN!** Safe, drug-free way to banish pain from your life no matter what you've tried before. Page A-2-13

■ **SODA NIGHTMARE!** Before you grab that can of soda, better turn to page E-3-11 to see how soft drinks can shorten your life.

■ **NO MORE BACK ACHE!** 7 ways to stay flexible and pain-free without drugs. Page F-4-6

■ **OSTEOPOROSIS CATCH-22!** How do you stop osteoporosis without increasing your chances of getting kidney stones? Easy with the little known tip on page G-4-7

■ **MUCH MORE!** Wipe out disease from your life with hundreds of proven natural tips in Forever Young. Try it FREE for 30 days!



"... I got back into great shape, my wrinkles have all but disappeared, and my nails are magnificent."
— A.A.

**YOURS
FREE**
For 30 Days!

FOREVER YOUNG



1,437
Anti-Aging, Anti-
Sickness Secrets!
**Yours Absolutely
FREE For 30 Days!**
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1-800-452-6840



"Josephine's uric acid problem is gone, Claude has fewer attacks of rheumatism, Annie's skin problems are a thing of the past, my hair has grown back, and Ginnie lost 10 pounds in a month. All I can say is thanks!"
— **Lori Mason**

195 Secrets to a Healthy Heart!

✿ CLEAN YOUR ARTERIES!

Eliminate build-up in your arteries and high blood-pressure plus prevent heart attacks. It's as easy as breathing. Page A-2-9

✿ 75% LESS HIGH BLOOD PRESSURE!

It's an all-natural secret that will add years to your life. Page F-4-6

✿ **SLEEP DANGER!** Snoring is more than a nuisance -- it can be a deadly killer. Eliminate this problem once and for all. Page C-2-3

✿ **LIVE LONGER!** Proven, natural ways to reduce harmful LDL cholesterol and increase beneficial HDL cholesterol. Page E-2-19

✿ **STOP A SILENT KILLER!** Slash your high blood pressure without drugs and without side effects. Page E-3-4



✿ REVERSE HEART DISEASE!

Here's how to restore flexibility to hardened arteries, strengthen capillary membranes

and promote better circulation. Page E-4-3

✿ **NATURAL CHOLESTEROL FIGHTER!** Forget about dangerous and expensive prescriptions. Lower your cholesterol naturally by stopping at your local produce counter. Page F-2-6



✿ STRONG HEART!

You can strengthen your heart muscle -- without exercise. Page E-4-8

✿ MUCH MORE!

Add years of healthy living to your life with a strong heart and clear arteries. Try *Forever Young* FREE for 30 days! Respond now!

316 Secrets to Romance & Intimacy!



Now Is The Time You Can Be Enjoying The Best Sex Of Your Life!

Romance ... intimacy ... sex. Too often, as we get older, these once vital parts of our lives all but disappear. But it doesn't have to be that way!

If these have been missing from your life; if you've let your relationship get bogged down by routine and habit; if health problems have gotten in the way... *Forever Young* can help you fix those problems and enjoy the most intimate and satisfying relationship of your life.

Scientists now know that a satisfying sex life actually stimulates your own body's natural healing powers and helps keep you and your partner feeling younger and healthier. *Forever Young* brings you hundreds of safe natural solutions that will have you feeling frisky as a colt in no time.

♥ **IMPOTENT?** Overcome the 7 enemies to your hard erection. Page K-2-2

♥ **ENERGIZE !** How more sex can restore your youthful energy. Page K-2-5

♥ PROSTATE HEALTH !

Natural way to prevent prostate problems before they start ... and wipe them out if you already have them. Page F-3-2

♥ **MALE MENOPAUSE RELIEF !** Are you suffering from "andropause"? How to beat male menopause. Page F-2-5

♥ **BEAT BREAST CANCER!** You can prevent ... even cure ... breast cancer. Here's how. Page G-2-3

♥ **INSTANT SEX!** This fool-proof secret will arouse you and your spouse at a moment's notice. Page D-1-6

♥ **MORE PLEASURE!** You'll hardly believe it! Supercharge your sex life with greater pleasure and increased desire — at any age! Page A-2-13

♥ **8 VITAL STEPS!** Things you can do right now to reduce your risk of breast cancer...even REVERSE it! Page G-1-5

♥ **NO MORE FLASHES!** 8 ways to stop your "hot flashes" cold. Pg G-3-2

♥ **SEX-ERCISE!** The simple "effortless exercise" prevents prostate problems... increases sexual pleasure and prevents urinary incontinence. Page K-3-5

♥ **SAFE, NATURAL ESTROGEN!** 18 plants and foods that are rich in VEGETABLE estrogen which is 100% safe compared to the prescription your doctor will write you. Page G-7-2

♥ MUCH MORE!

You can have spectacular sex at any age, no matter what problems you've had. See for yourself...FREE for 30 days...in *Forever Young!*



239 Secrets to A Sharp Mind At Any Age!

You Are As Young And Healthy As You Think You Are!

It's a fact: what and how you think determines how healthy and how "old" you feel. Research proves that certain mental attitudes and emotions have been linked to problems like heart disease, arthritis and cancer.

And on the positive side, science shows that your immune system can be stimulated to heal diseases...even cancer...simply by use of your mind.

The key to all this is keeping your mind sharp. *Forever Young* gives you hundreds of proven ways to do just that.

▲ **ENDLESS ENERGY!** Tired is NOT normal for any age! Here's how to tap into your natural and endless reserve of energy and enthusiasm any time you need it. Page C-1-8

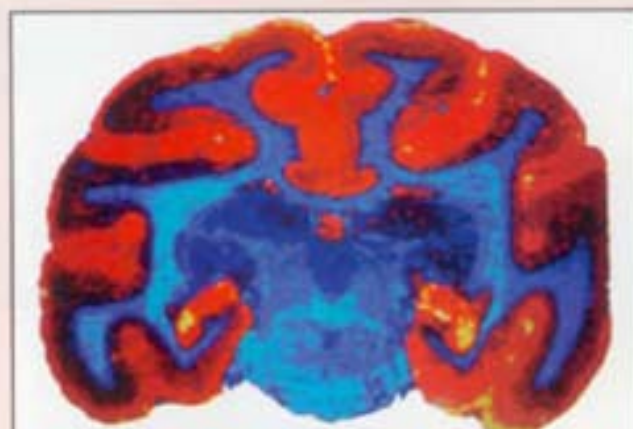
▲ **KEY TO ENTHUSIASM!** 90% of your available energy goes unused UNLESS you know this secret to unlimited strength and enthusiasm. Page A-3-4

▲ **INCREDIBLE SLEEP!** Use this little-known "trick" every night to ensure you awaken refreshed and full of energy every single day. Page C-1-2



▲ **MEMORY MAGIC!** Improve your concentration and memory just by changing the way you breathe. Page A-2-9

▲ **INSTANT CALM!** Take this type of cleansing breath and instantly free yourself from nagging fears and anxieties. Page A-2-9



You Can Revive Your Memory And Think As Quickly and Clearly As A Twenty Year Old

As you grow older you will lose up to 15% of your brain cells. But you do NOT need to accept forgetfulness and fuzzy thinking as an inevitable result of growing older.

Medical science has discovered hundreds of natural ways to assist your body in compensating for this loss of cells without a single lapse in mental sharpness or memory. Discover all of the best, proven, safe ways to keep your mind sharp in *Forever Young*.

▲ 14 YEAR YOUNGER BRAIN!

Your brain can be 14 years YOUNGER — faster thinking, sharper reasoning, longer-lasting memory — with this incredible doctor developed youth formula. Page A-1-6

▲ **MAXIMUM BRAIN POWER!** The easiest way in the world to improve memory, focus concentration, enhance creativity. It's virtually effortless, and 100% FREE! Page A-2-3

▲ **MUCH MORE!** Hundreds of safe, natural remedies can keep your mind sharp and your memory vibrant no matter what your age. Discover them FREE for 30 days. Mail your card today!

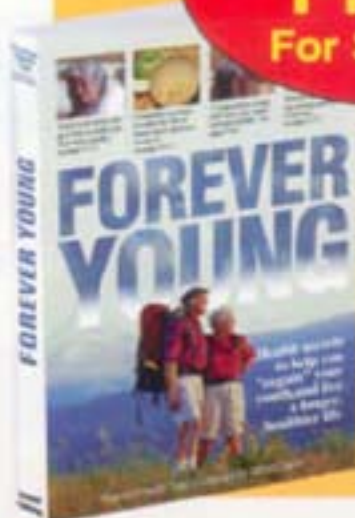
Now You Can Feel "Forever Young!"

All the most powerful, safe and natural anti-disease and anti-aging remedies are now at your fingertips!

100% Satisfaction Guarantee

Use and examine Forever Young with no risk whatsoever for 30 days. If you do not find the 1,000+ tips help you feel younger and more healthy, or if you are dissatisfied for any reason, simply return the book and you won't pay one cent. The FREE GIFTS are yours to keep no matter what!

**YOURS
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For 30 Days!



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Anti-Aging, Anti-Sickness Secrets!
Yours Absolutely
FREE For 30 Days!
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Toll Free TODAY!
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Respond Now And Get These 3 Free Gifts!

FREE!

Rekindle The Passion! Reclaim Intimacy!

Now you can be one of those "lucky" couples who keep the flames of passion burning year after year. *Secrets To A More Exciting Sex Life* reveals how to have a fulfilling and spectacular sex life no matter what your age.

Discover secrets to magical foreplay, instant intimacy; new ways of "doing things" that are especially gratifying as you mature.

**Yours FREE when
you respond within
10 days!**



FREE!



You Can Beat Arthritis! You Can Be Pain Free! You Can Move Effortlessly!

Cures for arthritis DO exist! Not the dangerous prescriptions your doctor gives you that actually destroy your body's immune system. But safe, natural CURES that rid the disease from your body by actually growing NEW cartilage and eliminating pain. Discover all these natural secrets in the new report, *Arthritis: How to Regenerate Your Cartilage*. It's Yours FREE just for taking a risk-FREE look at Forever Young within the next 10 days!

You Can Lose Weight Without Dieting!

8 out of 10 Americans are said to be overweight. It's not just an appearance problem, it's a dangerous health problem contributing to heart disease, back problems, even cancer.

Unfortunately, losing weight is a difficult, painful, self-depriving process that rarely works...until now!

In the new report, *How To Get Rid Of A Pot-Belly The Natural Way*, you'll get the very latest techniques that melt excess pounds and inches off your body WITHOUT dangerous drugs, strenuous exercise or depriving diets. **You'll lose weight and keep it off with this new report FREE when you respond within 10 days!**

FREE!





Dr. A. Mohrdieck

Doctors and researchers release the greatest health discovery news ever published!

Say **GOODBYE** To Your **HEALTH** **PROBLEMS!**

Look And Feel Years Younger — Eliminate wrinkles, Prevent hair loss, Lose weight. **Pages 4 - 5**



Enjoy The Best Sex Of Your Life Overcome impotence, Increase desire at any age. **Page 9**



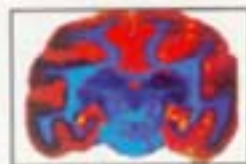
Keep Your Heart Strong And Your Arteries Clear Add years to your life. **Page 8**



Beat Disease Now... Even Arthritis Natural ways to bolster your immune system to prevent and cure illness. **Pages 6 - 7**



Rejuvenate Your Mind! Think... Reason... Remember like you did 14 years ago. **Page 10**



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Or...

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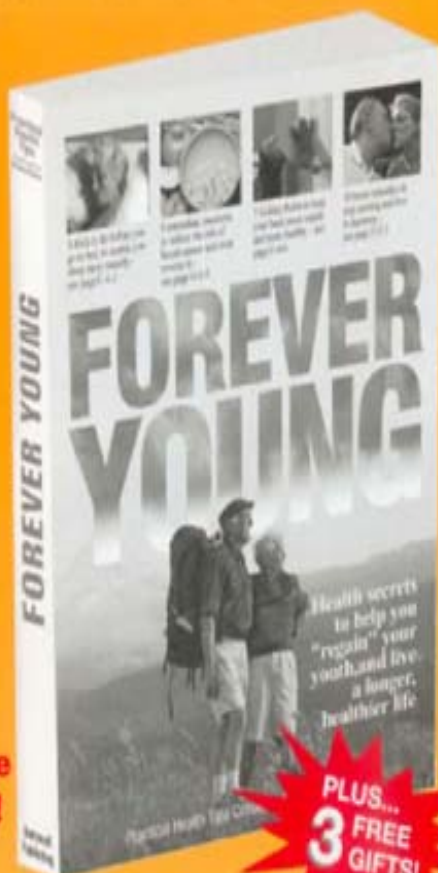
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The NO-RISK,
FREE TRIAL
CARD Opposite
Page 11 Today!**



**PLUS...
3 FREE
GIFTS!**

Forever Young NO-RISK FREE TRIAL CARD

YES! I want to live a longer, more active, disease-free life! I want to feel "Forever Young"!

☐ Send me a copy of the amazing new book, Forever Young, with 1,437 anti-aging, anti-disease secrets under your 100% Satisfaction Guarantee. I'll keep it, read it and use it for 30 days with NO RISK whatsoever. If I'm dissatisfied in any way, I will return it within 30 days for a prompt, full, no-questions-asked refund.

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FOR YOU!**

*The Secrets To a More
Exciting*

**Sex
Life**

ARTHRITIS:

*How To End
The Pain
And Live Again!*

*How To Get
Rid of Your
Pot-Belly
The Natural
Way*

Forever Young's

12 Secrets To a Healthier and Longer Life

- 1** Strong Mind — For dozens of tips, see section A of *Forever Young*
- 2** Manage Stress — See page A-2-9 of *Forever Young*
- 3** Deep, Regenerating Sleep — See page A-3-4 of *Forever Young*
- 4** Proper Exercise — See page A-4-2 of *Forever Young*
- 5** The Right Food — See page E-3-3 of *Forever Young*
- 6** Strong Immune System — See page E-3-13 of *Forever Young*
- 7** (For Women Only) Prevent...and Cure Breast Cancer — See page G-2-3 of *Forever Young*
- 8** (For Men Only) Good Prostate Health — See page F-3-2 of *Forever Young*
- 9** Self-Healing — See page E-3-6 of *Forever Young*
- 10** Keep Looking Youthful — See page J-1-13 of *Forever Young*
- 11** Great Sex — See page D-1-6 of *Forever Young*
- 12** Pamper Yourself — See page A-2-13 of *Forever Young*

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