

Are you a victim of **The Stress–Weight Loss Resistance Syndrome™**? This can be why you haven't been able to lose weight and keep it off—no matter how hard you try...

Is STRESS Keeping You OVERWEIGHT?

New health studies prove stress causes the body to store fat. Stress causes nighttime eating, “stress eating”, worry eating, anxiety eating, eating too much, and eating fattening foods.

A new breakthrough reduces stress – so you can now lose 24, 40, 80 or more pounds much faster and easier – and keep it off!

Proven To Work Great For “Yo-Yo” Dieters – People Who've Tried Other Ways And Failed – Busy Moms – People Who Say “My Willpower And Motivation Never Seems To Last” And “It Should Not Be This Hard”

(CITY HERE) – “There is a new breakthrough that makes losing weight much faster and easier – plus keeps the weight off you for life” says Dr. (NAME HERE) of (city here), as he shows me studies which prove this.

“I'll tell you why 98% of diets fail over the long term. Once you stop the diet and exercise program—and YOU MUST because you are DEPRIVING YOURSELF—all the weight you lost comes right back on, and usually a little more, too. The current diet industry has failed the American public.”

What if you could lose all your unwanted fat...without having to eat “rabbit food” or exercise like a maniac? How would you look and feel if you lost 20, 30 or 40 pounds in the next few months and keep it off for good?

The only way this will happen is if you permanently reduce your stress level, and a new breakthrough “re-programs” your body to do this naturally and “automatically”.

It helps stop cravings, nighttime eating, stress eating, anxiety eating and worry eating. And it keeps you motivated so you reach your weight loss goal as easy as possible.

“I have a simple but revolutionary solution for previous diet failures, “yo-yo” dieters—the people who STRUGGLE to lose weight and can't KEEP it off. They can finally lose weight in such a way that it stays off for good.”

**No “Impossible” Diet...
No Crazy Exercise Needed...
No Hunger...No Suffering**

As a health reporter, I have studied dozens of diets and programs. I've never seen anything work this good for weight loss.

This weight loss breakthrough lets people stop dieting and start living. You can lose your most stubborn fat and inches off your body with no great sacrifice—and without killing yourself at the gym.

How are so many women shedding pounds after everything else has failed them? The program is TOTALLY DIFFERENT than anything else in the world.

**The “Missing Link” Discovered:
Your Weight Loss Resistance
Syndrome™**

“We have finally discovered the REAL and UNDERLYING CAUSES that has made it nearly IMPOSSIBLE for millions of people to lose weight PERMANENTLY. We call it the **Weight Loss Resistance Syndrome™**. It can explain why YOU can't lose weight and keep it off—no matter how hard you try.”

“The HealthSource program uses a new breakthrough which helps to “automatically” reduce your stress level, stop your bad eating habits and improve your willpower! This makes it much easier to lose weight and keep it off.”

**Why Other Diets, Products, Pills,
and Programs Have Failed
You...And Why They Will
CONTINUE TO FAIL YOU**

“Magic pill” diets, drinks and prepackaged foods do not work, and

many are not even safe.

Diets fail that address only the “physical” and ignore the “emotional” causes of being overweight. They do not “re-program” your thinking and eating habits to achieve lasting weight loss success like this one does.

“One size fits all diets” fail too. They are not customized for YOUR unique body chemistry and lifestyle. To succeed in long term weight loss, you need a doctor-customized weight loss program because what works for other people probably will NOT work for you—and vice versa.

Here's the bottom line: If you keep trying to lose weight with traditional methods, you will keep failing at your weight loss attempts. If you want different results, you need to try something different. There has to be a better way—and now there is!

**Do YOU Suffer From
The Stress – Weight Loss
Resistance Syndrome™?**

- 1) Do you find yourself eating when stressed, anxious, worried or depressed? YES NO
- 2) Have you tried and given up on one diet after another? YES NO
- 3) Are you a “yo-yo dieter”?...able to lose weight, but then you put the weight back on? YES NO
- 4) Are you able to lose weight—but not “the fat roll”? YES NO
- 5) Are you unable to control cravings for candy, cookies, soda pop or junk food? YES NO
- 6) Do you stick to a diet for days then “snap” and “binge eat”?... feel ashamed and guilty, vow to never do it again...then do it again? YES NO

If you answered “yes” to 3 or more of the 6 questions, you are likely suffering from **The Stress – Weight Loss Resistance Syndrome™**, which is why traditional diets and weight loss products will NOT work for you.

How It Works

Here are a few advantages of this amazingly effective weight loss program:

***** Doctor Customized Program Just For You And Your Unique Needs.** Your custom doctor-written plan is based on the foods you like to eat, when you like to eat, your previous weight loss problem areas, your health issues, digestion, metabolism and your daily routine.

***** No Hunger Or Frustration.** You can eat a huge variety of real meals 6 times a day. This program is for people who LOVE FOOD and who LOVE TO EAT A LOT.

***** New Breakthrough Automatically Changes Your Eating Habits** and so you keep the weight you've lost off—for the rest of your life! The weight you lose STAYS OFF FOR GOOD because the program defeats your **Weight Loss Resistance Syndrome™**.

***** You can spend time DAILY (and whenever you want) with YOUR PERSONAL COACH.** There is no additional charge for this.

***** Fast Results.** You will see a trimmer you with less pounds and inches in just 2 to 4 weeks.

***** Doctor Supervised—regular private meetings with your doctor.** Your doctor and friendly staff will hold your hand, and walk you step by step through the program with support, care, motivation, encouragement and love. You have YOUR OWN DOCTOR AS YOUR PARTNER to reach your goal weight and stay at it.

**NONE of What You HATE
About Losing Weight**

NO restrictive diet, NO hunger—you can eat 6 delicious meals a day, NO embarrassing public “weigh-ins”, NO group meetings where you don't get enough ONE-ON-ONE time and attention, NO cravings, NO going to meetings...

Plus NO counting carbs, calories, glycemic indexes or points, NO eating from only a small number of foods, NO eating “rabbit food”, NO skipping meals, NO difficult exercise program, NO difficult willpower and NO drugs, shots or surgery.

“I had tried everything.”

“I've done Jenny Craig™. Atkins. Trimspa. Dr. Oz Book. South Beach. Alli. Prevention Magazine diets. You name it. I had tried everything. I would always suffer to lose a little weight, but then gain it all back after I couldn't stick to the diet any longer. I was about to give up hope when I tried the Healthsource program. Thank goodness I did not as I have lost 52 pounds (much more than ever before and much easier) and am keeping it off without suffering. I highly recommend it—this program is totally different from anything else!”

**—Regina Theobald,
working mother of 2**

YOUR NEW LIFE and Future

Imagine being 20, 40, 80 or more pounds slimmer than you are now. How does it feel?

You get compliments on how good you look. You put on a sexy dress or swimsuit and actually like what you see in the mirror. You are slimmer by 2 or 3 dress sizes. You feel better and more confident than you have in 10 or 20 years.

Many patients also enjoy increased self-esteem, better “significant other” relationships, more energy, lower stress, less anxiety and less health problems.

No Good Reason to Wait

Don't go another day living with the frustration of unwanted fat, when the solution is here for you now. Call now to schedule your Free Consultation with the weight loss doctor.

You will finally learn what you really need to overcome your weight issues, once and for all! There is NO cost or obligation.

You can end your struggle with food cravings and willpower. You can stop becoming unhappy, irritable, nervous, anxious, tired and fatigued from your weight loss efforts. Now you can do all this with less difficulty, deprivation and sacrifice than you've ever dreamed possible!



“When I first started the program I was in pretty bad shape. I was an emotional eater. “I started your program at 396 pounds. I was nervous at first because nothing had ever worked for me before, but I've lost 91 pounds already. To reward myself, I can't wait to take my niece on the roller coasters at Disneyland. The moment when I can see her smile will be worth it all!”

—Jeff Wisdo

**FREE PRIVATE
CONSULTATION WITH
THE WEIGHT LOSS
DOCTOR**

When you call the office to schedule your time, you will meet privately with the **HealthSource Weight Loss Systems™** Doctor and discover:

1. Your **Stress–Weight Loss Resistance Syndrome™** score.
2. Why other diets, programs and products have failed you before.
3. How this new breakthrough program works to help STOP your bad eating habits and improve your willpower ...so you reach your weight loss goal faster and easier...then KEEP the weight off for good.
4. How much weight you will lose—and how fast, including inches, and body appearance improvements.
5. Answers to all your questions.

**To Schedule Your FREE
CONSULTATION With Dr.
(NAME HERE), please call the
office now at (PHONE HERE)**

**HealthSource
Weight Loss Systems™**

Address / Directions

Don't stay stressed and overweight another day. Call now. This is a FREE consultation and there is NO OBLIGATION to become a patient.

This meeting will give you great information, and you will walk away knowing how to slim down to your ideal body weight—and keep it off for life. This is FOR MEN TOO. If you need to lose weight, you at least owe it to your loved ones to discover what REALLY works from the weight loss doctor.

Statements made in this announcement have not been evaluated or approved by the Federal Drug Administration. Complete information is contained in the offered Information Kit and this announcement should not be viewed as a complete presentation. Individual results vary and results discussed in this announcement may not be typical.

Before beginning any weight loss regimen or diet you should be evaluated by and assisted by a knowledgeable doctor, a service provided and required by HS HealthSource®.

Statements made in these printed and recorded presentations have not been evaluated or approved by the Federal Drug Administration. Some statements made in these presentations represent only the opinions of HS HealthSource® chiropractic physicians and researchers and are not necessarily universally accepted or medically accepted facts. Individual results vary and results discussed in these materials are not necessarily typical or average results. Some of the discussions of results are based on anecdotal reports or individuals' personal experiences, not necessarily representative of typical results and, in some cases, representative of exceptional results. Success with HS HealthSource® Programs depends on many variable factors, including the degree to which the individual is overweight, the individual's health and medical conditions, lifestyle, amount of physical activity, amount and nature of physical exercise and the individual's adherence to the doctor's recommendations. HS HealthSource® is unable to fully and accurately monitor the success rate of patients over time with regard to maintaining weight loss and desired weight and makes no specific representations or warranties having to do with sustained weight control. HealthSource® does provide certain specific satisfaction guarantees in writing, and accepts no liability or responsibility beyond that stated in those guarantees. Some information in these presentations has been obtained from outside sources, including medical and health journals, news media reports, books and newsletters and such information may represent the opinions of its authors and may not be validated by authoritative medical research.